



# ***QLASER Client Testimonials***

For more information, please contact:

QLaser Solutions of NE Georgia

James Servatius

706-621-9539

[j.servatius@hotmail.com](mailto:j.servatius@hotmail.com)

## **Abdominal Pain**

**Cindy Keitch, Pierre, SD** - For a couple weeks I had been having great trouble with my stomach. I suffered from sharp pains, inflammation, bloating, and extreme discomfort. I even went to my local general practitioner to have a Cancer Antigen (CA125) test done to make sure I did not have Ovarian Cancer again.

While waiting to hear the results of the tests, a friend from out of town was visiting for a business meeting with me. After the meeting, she determined that I needed to go to the Emergency Room. Being a nurse, she asked routine questions about the pain. She asked my pain level on a 1-10 pain scale (1 no pain, 10 the most pain). I was currently at an 8.

My nurse friend had begun working to promote the low-level laser for a local dentist who invented this device. She had the product in her vehicle and asked if she could demonstrate the instrument to see if it would help alleviate my pain before we headed to the Emergency Room.

Amazingly in 20 minutes, after the demonstration, my pain had gone from an 8 down to a 3, which was tolerable pain. I did not have to go to the ER that night. The next morning I received another demonstration before she left town. The pain was down to about a 2.

Two weeks later the nurse was in town again. After the 3rd demonstration, I have no more pain and the redness around the area has cleared up. While I do not know what the diagnosis of the symptoms would have been, I feel sure that I was able to avoid hospitalization at the least and even possibly surgery.

While I do not claim to understand how this amazing product works, I KNOW that it works! I would encourage anyone, no matter what the symptoms, to try the low-level laser therapy before having expensive tests done or even surgery.

## **Acne**

**Dana Laffranchini** - I work in the wellness field and enjoy guiding customers in their overall health and rejuvenation goals. I have taken part in many skin rejuvenation systems for my own issues and before recommending any program, it is a must to believe in it. I am very excited to share my personal gains with the Q series lasers.

Broken out, acne prone skin has been rampant throughout my life. I remember it beginning at 12 years old, now in my mid 20's I am ready for this nasty skin issue to vanish!

Over the past two years my condition worsened and I was struggling with even more inflammation, especially around my chin area. With the helping hand of Laser Light Institute I began utilizing the Q1000 laser, 660 enhancer and the Q10 laser for 30 minutes two times per week; I have been doing this regiment for approximately four months. Immediately after my first laser application I noticed a reduction in inflammation, the results have only cascaded from there. I continue to experience fewer breakouts, my skin texture is evening out and scars have drastically lightened! I am now leaning on the use of the Q10 laser and I can say, without doubt, that my overall skin appearance looks better and better. I am very close to not relying on makeup to hide my skin! I recommend the Q series lasers to address acne prone inflammation or to anyone who wants to improve their overall vibrant look.

**Terre York, DC, Laser Pain Therapy** - I have been so pleased with the far reaching effects of Dr. Lytle's lasers for pain relief. I am not surprised by the relief my pain clinic patients have experienced with the cold laser, but I am thrilled with the unexpected effects of its use on secondary conditions. I have seen difficult, long term acne cases clear up, aging skin regain youthful elasticity and the return of glowing, healthy faces with its use.

## **Arthritis**

**Calvin Rasmussen, Los Molinos, CA** - After receiving my Q1000 I began using it to quiet the pain in my wrist and thumb joints, of course it did not cure the arthritis, but afterwards I had long hours of pain free use of my hand.

I have one of those necks that make a grinding sound when turned from side to side with some pain in the adjacent muscles. I found that the condition could be relieved by the use of the Q1000 directly on the center of the neck. By using the enhancer on the acupoints on each side of the spine, the effect lasted longer.

I came back from a trip with a bronchiole condition and was treating it with medications. About that time, the fires started here in CA and the smoke and ash were thick in my area. The congestion in my system was not clearing up. I used the Q1000 on my lungs and bronchiole tube which I believe started a clearing process that loosened up the phlegm so I could cough it out. The process was slow but it did clear up.

I have a continuing anemic condition. In August '07 my hemoglobin number had dropped to 8.8 and I was not getting around very well. My medical team got me a transfusion of three units of blood to keep me going. Tests of my bone marrow showed that I had lymphoma, a form of blood cancer. I underwent Rituxan infusion therapy which in 30 days brought my H. number up to 11.7. By May '08 it had dropped back to 10.8. I hid from my medical team and began using the Q1000 on my pelvic bones in hopes that would activate the production of red blood cells. By June '08 my H. number was back up to 11.0 and in July '08 it is up to 11.6 - which is very encouraging. I will continue with the Q1000 treatments and share my success with my medical team.

Another of my maladies is squamous cell carcinoma, small scaly growths. After having one removed surgically, I have been working on them with the Q1000. I cannot say that the laser kills the cancer (Note from Dr. Lytle: it does not kill the cancer, but rather helps the body's immune system overcome the cancer naturally.) but the growths shrink and the scaly tops fall off, leaving only a reminder of what was there - or nothing at all.

I will continue to enjoy my new healing tool and share it with those around me who are willing to grasp something that you cannot hold, chew or swallow. It is sort of like offering the Gospel, some people have trouble accepting the intangible and all that it promises.

**Mel Mandel** - I used Dr. Lytle's lasers to treat my knees, which suffer from arthritis and old tennis injuries. It has been successful. Laser treatments of my left knee, which has suffered from arthritis and sports injuries, have been successful. I feel little or no pain in my daily activities. Now I am treating my right knee, which was subject to fewer problems. Mel Mandel

**Doug Phillips** - My name is Doug Phillips, President of the SD Racquetball Association, and competitive open level player. I am 45 years old and have played multiple sports all my life. In 1990, I was diagnosed as having ankylosing spondylitis (arthritis) fusing of the spine and hips, and had a "titanium cage" implanted in my back in 1999. In 1990, I also ruptured the Anterior Cruciate Ligament (ACL) in my right knee, and was told by two different orthopedic surgeons that I would need a total knee replacement. I didn't have the surgery, and continued as best I could an active lifestyle while fighting the pain with a combination of anti-inflammatory drugs and pain killers prescribed by my doctor neither of which worked very well at all - the knee was still inflamed and caused a great deal of pain.

While at the YMCA for a lunch time racquetball session in September of 2001, Dr. Larry Lytle allowed me to use his low level laser on my right knee. I lasered the knee for about 3 minute's before and after playing that day. The results were amazing - I was able to play a full hour and half of racquetball, and go back to work without any pain or inflammation!

I continued to use the laser approximately three times per week (during our lunch time racquetball sessions) for the next 3 weeks, and continue to be amazed by what low level laser therapy has done for me. My right knee is pretty much back to normal, with no pain and no inflammation! Thank you Dr. Lytle for introducing me to this incredible equipment!

**Jack Wiseley, Belle Vista, AR** - We have a neighbor who suffers from chronic rheumatoid arthritis for years and has been in such pain that she has been wearing a brace on her knee just to be up and around ever for a little bit, and is contemplating surgery to relieve her pain. My wife used the 808 Enhancer on her knee for one cycle and then our Q1000 Mode 1 for another cycle. Her response was, "the pain is gone! I couldn't even touch my knee before and now look," as she massaged her knee all over with no pain. My wife went back the next morning and gave her another treatment. Her

response was, “not only is the pain gone, but I slept soundly all night without the aid of pain or sleeping pills ... I need one of these!

***B.D., California*** - I have suffered from Psoriatic Rheumatoid Arthritis for 8 years. I received chemotherapy, many anti-inflammatory drugs, and cortisone and none of them worked. I met Dr. Larry and he demonstrated the laser on my hand that I could not open. After the demonstration, I could open my hand and the pain was gone!

***Joanne M. Johnson, Aspen, CO*** - Six and a half years ago, I suffered a severe traumatic knee injury when a skier collided with me at a high rate of speed. After two operations, my doctor told me that because I had lost a great deal of bone and cartilage from the shattering and splintering of the multiple impacts that I now had osteoarthritis and a “bone-on-bone situation. His prognosis was that I would need a total knee replacement in three years. I began using the Q-1000 laser with the 800 enhancer, at first once a day, then twice a week. It has been six and a half years and I have not felt the need for replacement surgery. There is pain in my knee when the barometer drops and on rainy days, but a three minute cycle with the laser brings complete relief.

### **Asthma**

***Kevin Fechtelkotter, Rapid City, SD*** - I've owned one of Dr. Lytle's low level laser units for a few years now. I wouldn't want to be without it. It has quickly helped me through some asthma episodes that I am no longer able to use inhalers for. This tool has many times got my gallbladder to release whatever was plugging it and causing me considerable pain. This low level laser unit has frequently relieved pain in many parts of my body, including pain from burns. It has helped my sinus swelling on many occasions. Thank you Dr. Lytle for your work and dedication in this area.

***L.U., Oregon*** - My grandson has a history of asthma-type allergy attacks, which has resulted in him being taken to the emergency room several times. Recently, when he was staying overnight with me, he had an attack. I immediately used my laser on his throat and lungs. Within minutes, he had stopped coughing and gone back to sleep and slept soundly all night.

### **Autism**

***Pat Knox*** - Christina King and her husband rented the Q-1000 last Tuesday before Thanksgiving. Their son Forrest is about 5. He has autism and is very hyper active. On Thursday (Thanksgiving Day) he asked his mother a question. When she didn't quite get it, he elaborated more. Forrest has NEVER asked a question before, let alone elaborated! Christina also said that he is already MUCH calmer. That's in JUST 6 days! Another little miracle to report, Monday after Thanksgiving at a piano lesson, Forrest played a scale. He has never done anything but bang on the keys before.”

### **Back & Neck Pain**

***Beth Ware, Rapid City, SD*** - Everyday for the past 16 years I have fought and lived with chronic lower back pain. I have tried everything from massages to physical therapy, yoga, chiropractic care, shots and acupuncture. The only thing I found that would only ease the pain was harmful pain killers, stretching and the Q1000. Recently my 10 year old son gave me an article he found in a magazine about acupressure to stop back pain. He's always worried about my back because it limits me in so many ways. Since I'd had acupuncture treatments before with no results, I wasn't very receptive. One day the pain was so intense, I decided to try lasering the acupuncture points listed in the article with the 808 Enhancer (between the upper lip and nose, between the inner anklebone and Achilles tendon, and when making a fist, at the point near the pinky where the skin folds and bulges). I used the full three minute cycle on three different acupuncture points. Within minutes after treatment my pain was completely, 100% gone! I was pain free for the rest of the day! Yesterday my kids wanted to go skiing. My back pain was so severe I didn't think I would be able to take them. I tried the treatment again and not only was I able to take the kids; I skied with them all day with zero pain! I thought I was going to have to live

with that pain for the rest of my life. Needless to say, I'm extremely elated and thankful for my little boys' persistence and the Q1000/808 Enhancer combination.

**Dr. P.K., Alabama** - Lower Back Pain. I bought a Pro-Pack only a week ago and have already seen wonderful results on lower back pain, migraine headaches, and carpal tunnel.

**Calvin Rasmussen, Los Molinos, CA** - After receiving my Q1000 I began using it to quiet the pain in my wrist and thumb joints, of course it did not cure the arthritis, but afterwards I had long hours of pain free use of my hand.

I have one of those necks that make a grinding sound when turned from side to side with some pain in the adjacent muscles. I found that the condition could be relieved by the use of the Q1000 directly on the center of the neck. By using the enhancer on the acupoints on each side of the spine, the effect lasted longer.

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### **Brain & Headaches**

**Dr. Zeya Alikhan, Peterborough, Ont. Canada** - A patient was having problems driving, and had to focus so intently that she would get severe tightness of the neck and back muscles. Based on testing, I concluded that her left and right brain were not communicating properly as her eyes tried to focus on the roads in front of her.

Normally, I would have done cranial work on her, but I decided to use only the Q1000 to see what would happen. Mode 2 of the Q1000 was used over the left/right brain, suboccipital as well as the spine down to the coccyx for a period of 12 minutes. To her surprise, and mine as well, all her muscle tension dramatically decreased and she was able to focus on my finger without hesitation.

So far, she has been treated 3 times and states she is able to drive a lot better without feeling sleeping or experiencing the previous muscle tension.

The Q1000 has become a very important and useful tool in my practice and has allowed me to work with patients in a way I was not able to before.

**C.S. Oregon** - Following heart surgery, my husband began experiencing severe headaches which the doctor said was caused by a condition called arteritis (inflammation of the arteries in the head). The prescribed medication took about one hour to stop the terrible pain. The last time he had one of these headaches, we used the laser on his head. The pain was GONE in less than two minutes! This machine is wonderful! We are so relieved to have this machine if for nothing else

but to relieve his headaches; however, it eliminated my arthritis pain and his sciatic nerve problem as well.

### **Broken Bone Healing**

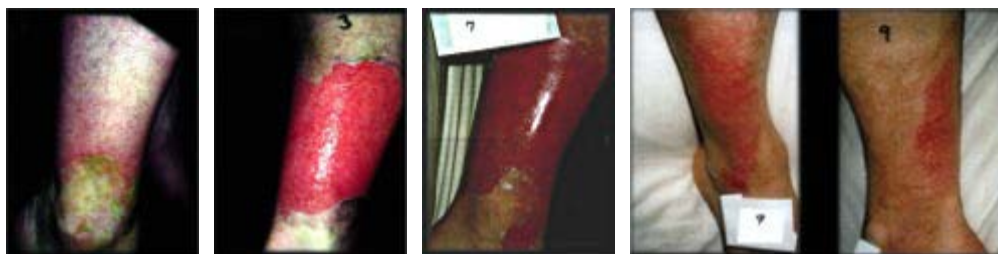
**Dr. William Cunico, Raton, NM.** - On May 30<sup>th</sup>, 2004, I broke my left leg in 12 places while riding my dirt bike. The surgeon initially attempted to utilize an external fixation device in order to stabilize the leg and allow the bone to heal. Unfortunately after 3 months, the bone still wasn't healed and I went back in for a second surgery to have an internal fixation device attached. After the second surgery, the leg was better, but still wasn't healing completely and was causing a serious and damaging energy drain. People that knew and loved commented that I wasn't the same person as just 4 months earlier. While looking for solutions to my problem, I came across the Q Series low level laser products. Since they offered a 60-day money back guarantee, and I didn't have anything to lose, I decided to give them a try and purchased the full QPack. My lasers arrived on Monday, October 11, 2004 along with complete instructions for using them for my specific needs/problem. I immediately began following the procedures as outlined. Today is Thursday, October 21, 2004 ... only 10 days after I started using my lasers (I won't be sending them back!) ... and I absolutely cannot believe the healing that has occurred in my leg! The scar tissue from the surgery is softening and getting lighter; the swelling has been mostly eliminated, and today I was able to get my boots back on for the first time in 4 ½ months; my energy levels have returned to normal, and I have feeling much, much better. When I called Kip Lytle to tell him the good news, he even commented about the vibrancy and energy in my voice! As a practicing Chiropractor, I think it would be criminal not to offer the benefits of low level laser therapy and the Q Series products to my patients, and plan to begin implementing this new tool into my practice immediately. In fact, while I'm finishing my recovery, I'm going to sit in the waiting room of my office and offer free demonstrations to everyone who walks through the door! During the past 10 days, I've called Kip at least 5 times with questions. He has always been gracious and quick to offer all the support necessary to ensure my satisfaction. He will also be helping me while I learn how to implement these marvelous tools into my practice. I highly recommend the Q Series products to any individual and certainly to EVERY professional.

### **Bronchitis**

**Calvin Rasmussen, Los Molinos, CA** - I came back from a trip with a bronchiole condition and was treating it with medications. About that time, the fires started here in CA and the smoke and ash were thick in my area. The congestion in my system was not clearing up. I used the Q1000 on my lungs and bronchiole tube which I believe started a clearing process that loosened up the phlegm so I could cough it out. The process was slow but it did clear up.

### **Burns**

**Troy Rex** - My son had evidently climbed up on the riding lawn mower and fell off, catching his left arm on the muffler. It had burned him pretty badly. I had mentioned this to my doctor three days after it happened and he told me about the laser. All I can say is the results speak for themselves. I am totally amazed.



### ***K.L, SD***

My hot tub thermostat malfunctioned and I scalded my foot half way up my calf in 140 degree water. My doctor said it was a 2nd degree burn and that it would take three weeks to heal. I used both the Resonator and Rotary Lasers immediately and twice daily thereafter. By the 6th day, all the pain was gone and I was back to work. By day 10, the skin was nearly healed, having the appearance of slight sunburn. The lasers not only helped control the pain, but also speeded the healing process.

**Beth Fahey, 4708 Thrush Pt, Eagan, MN** - The laser saved my daughter's hand! Earlier this year, my 23 year old daughter burned most of her right hand badly when hot oil started on fire while she was cooking. After she called me early the next morning I brought her into the office where I worked and she did laser treatments before I brought her to Urgent Care. The MD she saw removed dead skin, wrapped the burn and informed us that her hand would scar as it healed.

At a follow up appointment with another MD, we were informed that her hand would scar badly and it was imperative that she treat with a physical therapist while it was healing to retain function of her right (dominant) hand. She continued to do laser treatments over all of the burn areas for the next 10 days.

Amazingly, her hand healed with NO SCARRING whatsoever. Her skin grew back smooth and she has normal, complete FUNCTION of her hand. The only sign there is that she even had a very bad burn is that some areas lack her normal skin pigment. There is no other explanation for this amazing healing except the laser treatments she had.

I am so grateful that this young lady went off to grad school this fall with 2 functioning, beautiful hands. What a difference the laser treatments have made in her life.

### **Carpel Tunnel**

**Lorena Hernandy, Joliet, IL**- After one treatment with the Q1000 and 808 Enhancer the carpal tunnel pain in my right wrist was 95% gone. Thank you so much for saving me from surgery.

**Stella Zajakala, Beecher, IL** - I've been using my Q1000 for a few weeks on my carpal tunnel syndrome and also on my arthritic thumbs. While it is easing up the pain quite a bit it still has not reached the "no pain" stage. But it is getting better, and I hope it will be completely gone shortly.

**Dr. LiLi Zheng, DAOM, LAC, Portland, OR** - I have a 26-year old female patient who was suffering from Carpal Tunnel Syndrome for two months. On the suggestion of an MD, she wore a brace for a period – which did not help. As a professional typist, she must be able to rely on her hands and wrists, and was desperate for help. I attempted traditional acupuncture which gave some temporary relief, but the pain would always come back. Switching to the Q1000 and 808 Enhancer reduced the pain by 90% in the first week and by the end of the 2<sup>nd</sup> week, the pain was completely gone (even though she continued to perform her normal typing jobs)! The Q1000/808 Enhancer combination proved more successful than traditional acupuncture for this patient.

### **Cataracts**

**Gerald and Sue Hubbard** - Thus far I have used the laser with listed results: A general feeling of calmness in knowing I can finally get relief from medical symptoms. I have enjoyed having my cataract problem greatly diminish and now I can see the tops of the snow covered mountains with perfect clarity. Prior to QLaser treatment the mountains were slightly blurry. My body pain in my head, neck, back and lower back is greatly diminished. My fibromyalgia/ peripheral neuropathy is better with a pain reduction from level 8 to about a level 3 now.

### **Circulation**

**Dr. Gary Guest, DC, Bozeman, MT** - I have a friend who was in a car accident 4 years ago. He was in a coma after the accident for four months, and has had multiple surgeries since then to correct the damage. I used my new QLaser QPack plus Dr. Lytle's proprioception techniques on him during an initial laser therapy session that lasted approximately 30 minutes. After this initial session, my friend reported that his hands were warm (increased circulation) for the first time in four years since the accident. My friend loved to dance, but his knee was badly damaged in the accident and he hadn't been dancing since the accident. After our initial laser therapy session, he felt good enough to go out dancing – and felt fine afterwards! Please remember that all this occurred after just one laser therapy session!

### Colitis

**Albert Rysavy, Minneapolis, MN** - I had a severe case of gastritis and took several weeks of a well known antacid that healed, but commonly triggered colitis. I had powerful diarrhea and could not leave home, and my doctor said there was nothing he could do ... just live with it. I lasered the area of the colon with my Q1000, five 3-minute sessions every other day for fourteen days. The laser treatment healed it and it has not returned in several months.

### Cough

**Audrey Miller, Sunset, LA** - I must say that you have a great product. The most recent problem I used it on was when my husband had a dry cough after he had been laid up in the hospital for a whole week. He could not get it loosened up, even after he was given several breathing treatments several times a day. I brought our Q10 to the hospital and just a few hours after I used it on his lung area, front and back, he coughed up a mouthful, the next morning he coughed up some more. After that second time his lungs cleared up and he no longer had the dry cough. Thank again for such a helpful product.

### Crohn's Disease

**Carlos Zaccagnini, Detroit, MI** - I had Crohn's Disease for twenty-six years and after taking most of the prescribed drugs from the G.I. I never noticed a significant improvement till I was introduced to the laser. After the second laser treatment I noticed significant improvement. After two weeks my bowel movements became normal, after six weeks I stopped taking steroids and depression drugs. The laser has become my best friend, it is the closest thing to a miracle. Also my muscle and joint pain is 95% gone and I have much less food intolerance. I highly recommend the laser!

### Cyst

**Tara, HI** - Rodwin has had a mucoid cyst on his toe for over a year. He has to drain it with a needle once every two weeks and it is very uncomfortable. The doctor said its joint fluid and there is nothing they can do about it, short of a temporary fix through surgery. He's been using the laser 808 on it for one week. The swelling has stopped and he hasn't had to drain his toe. He's extremely happy.

### Dental

**Dr. B.F.** - I recently had to have 3 millimeters of healthy lingual gum removed to allow access to a rather large area of tooth decay. I used the Q1000 and the 660 Enhancer to the area a few weeks pre-op and 1 week post-op. At my 1 week post-op check, my periodontist remarked that my surgical site was healing wonderfully and that other than the post-op gum appearance, it looked like normal gum tissue. I continue to use the Q1000 to the area daily.

### Diabetes

**Robert Rumph, MT** - I have been having a terrible time controlling my diabetes. I was using the cold laser ( low level laser) treatment in front ( going through the stomach) under the first rib and was getting nothing done- no results and couldn't figure out what might be wrong with the instrument. I went to Gillette to see my doctor and she said the spleen is in the front; to get to the pancreas; you need to laser on the back (left side) below the first rib.

I've been using the laser on my pancreas now for a week. When I started, my blood sugar was 254; she said I'll let you go for another 3 or 4 months to see if you can get your blood sugar down. But if you can't you'll have to go on insulin.

We came home and I started using the laser on my back and my blood pressure started dropping about 20 points everyday! It went from 245 to 220 down to 210 then to 180. On January 1 it was 184 then dropped to 161 then again to 153 then to 136 and after that to 133. Today it was at 96 on one machine and 121 on the other. That's down from 254 in a week's time!

**Pat Weldy** - 22 units per day was the usual insulin usage. In two treatments using LLLT on the pancreas and an Acupressure points on the hand, she has Reduced Insulin requirements to 2 units per day. She continues to use the laser once per week because it helps her feel so good.

### **Emphysema**

**Bob Sweeney, Buffalo NY** - I am a 71 year old man who has suffered from emphysema for over 3 years. I was on oxygen therapy 24 hours a day and could not leave the house and needed help with my bath, getting dressed and even getting around the house.

Dr. Bill Stephens, my doctor in Buffalo had prescribed hydrogen peroxide and ozone therapy with minimal results. Then he began treating twice a week with mode 3 of your Q1000 laser. And then one morning I woke up and it seemed my emphysema was gone. I could breath without oxygen and felt 80% cured. I moved to Virginia and went back to work. After a year working in Virginia and not using your laser my emphysema is back and now I am back on oxygen. I had to quit my job and move back to Buffalo so Dr. Stephens can begin laser treatment again. I will let you know when I am well again.

**Dr. Donald McCabe, DO, Freeland, WA** - Mary R J, age 59 years, has been suffering from Chronic Obstructive Pulmonary Disease with Emphysema. Two years ago, she started complaining of difficulty in breathing. Chest x-rays on 1/26/03 revealed minimal emphysema as hyperinflation. On 6/19/03 repeated chest x-rays revealed increased hyperinflation and her breathing was taxed on exertion. Her symptoms were relieved some with bronchodilators. Since 1/20/03 she has been given laser treatment to both left and right bronchial areas eleven times to October. The patient has stated that her breathing is definitely better since having the laser treatments. She still uses bronchodilators but not nearly so often. In everyday activity she has freedom which she lost for a while when she would have dyspnea readily on exertion. Therefore it appears that the laser treatments have made a material improvement in her medical condition.

### **Eyes**

**Jacqueline Harbin** - I want to thank you for what is *one of the best investments I have made*. On the advice of my dentist, I sought out more information on the low level laser that you offer. I purchased the laser a year ago and I want to share some of the results that I have seen. I went to my ophthalmologist a week ago and had several tests on my eyes. He was checking the nerve behind the eyes and was surprised that my eyes were better than they were on my last checkup which was about 7 months ago. He said that there were more "nerve fibers". I was delighted, but not totally surprised, because I had noticed that the incidence of "floaters" and "lights" were decreasing. I haven't had any at all for the past 3 months. I have used the laser for other aches and pains, but the eye test was very dramatic to me. Being 69 years old, I would have been satisfied with "holding my own" . Needless to say, I will continue use of the laser

**Veronica Anne Faulseit, Rapid City, SD** - In the beginning of July a friend mentioned to me that he uses the Q1000 2-3 times a week on his eyes as a preventative measure. I had just been prescribed glasses for reading, so I thought I would try the Q1000 for my eyesight. I borrowed he laser, using it on Mode 1 & 3 twice that day. The following day, I realized I needed my glasses less and less, until about 7 days later I didn't need them at all (this was after using the laser only those two times that one day.) About 3 weeks later, my vision started blurring again for reading and I had to start using my glasses again. Once again, I borrowed my friend's Q1000 and used it just as I did the first time. And again, within 24 hours, I didn't need my reading glasses for about 3 weeks. I think that if I continue using the Q1000 just one time per week, I may never have to wear those silly reading glasses again

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blurry. My body pain in my head, neck, back and lower back is greatly diminished. My fibromyalgia/ peripheral neuropathy is better with a pain reduction from level 8 to about a level 3 now. Gerald and Sue Hubbard.

### FLU

*Angela Marzano, Marysville, WA* - I have purchased the Q10, thank you for making one affordable to elderly on limited income. I used it to speed up the healing process (2 days) when I got a bad case of the flu. I am looking forward to the bite tabs balancing my SNS/PNS. The book, Healing Light, was easy for the lay person to understand. Too bad the pharmaceutical companies write the text books. Our poor doctors are so mis-informed they are clue less. I have found the cause of most of my conditions and healed them, to my doctors confusion. Wait till they see me after this. Of course, I tell them that they have to read and research outside the box or they will continue to poison people. God Bless Dr. Larry and the genius of those like him.

### Gallbladder

*Kevin Fechtelkotter, Rapid City, SD* - I've owned one of Dr. Lytle's low level laser units for a few years now. I wouldn't want to be without it. It has quickly helped me through some asthma episodes that I am no longer able to use inhalers for. This tool has many times got my gallbladder to release whatever was plugging it and causing me considerable pain. This low level laser unit has frequently relieved pain in many parts of my body, including pain from burns. It has helped my sinus swelling on many occasions. Thank you Dr. Lytle for your work and dedication in this area.

### Hearing Loss

*Anita S., Big Bear Lake, CA* - I was having problems with my hearing, and used the 808 in the ear for 6-8 breaths (a few times over several days) and my hearing has improved!!

*Sylvia S., Mattoon, IL* - My left ear was ringing and hurt. I applied the Q1000 on the ear for 3 minutes in mode 3. The pain and ringing disappeared immediately. Thank you so much for this wonderful instrument.

### Heart Attack

*Jeanne Miller* - Just over four weeks ago I had the occasion of utilizing Mode 2 of the Q1000 in an emergency situation. My husband's wonderful 92 year old Mom, Ruby, was experiencing a full-blown heart attack. She was in extremely severe pain in all of the typical places--chest, left arm, back, jaw. I'm a retired RN who was a supervisor in an intensive cardiac unit so I really had no doubts as to what was happening. Because of her decision not to go the hospital, I was faced with the dilemma of relieving her pain. She had no nitroglycerin or anything else that would stop the pain. I had my laser there so I just turned on Mode 2 for one cycle right over her heart and within a minute or two the pain was gone and so was the heart-attack. We eventually did hospitalize her for a day several days later where they did confirm that she had had a "mild" heart attack. She was discharged to hospice care and God did take her home to Heaven but this was an extremely unusual opportunity to actually find out how it would perform in the middle of a full-blown heart attack. Thanks for your laser we wouldn't be without it.



### Hives

*Amy Beaumont, Rapid City, SD* - Dallas (age 7) broke out in hives one evening ... from what, we still don't know. Anyway, I lasered each hive with our Q1000, and "poof" the next morning they were gone. Sorry, because they went away so fast, I didn't remember to take an after photo. Thanks for the great healing tool!

## **Infections**

**SHAUNA SEDDON, UK** - Ten years ago I had radiotherapy after removal of a cancerous tumor from the saliva gland in my mouth. My ear had been damaged by the radiotherapy resulting in repeated ear infections. My last infection in October 2005 led to a perforated eardrum, and, an acute loss of hearing in my left ear. It was very painful, as though I had water in my ear, with pressure all the time. At first the only way I could feel the effect of the Q1000 was to experience tingling down the side of my face. I became pain free after 2 – 3 days when the pressure inside the ear went after inserting the 660 red probe into the ear for three minutes a day. Since using the laser this way I have not had one ear infection. Not only that, the laser stopped my daughter's migraines in the first three minutes. Her migraines usually last for three days, but just one three minute cycle with the Q1000 on Mode 2, placed over the pain on the head, stopped it in its tracks. Finding the Q1000 changed my life. Once you try LLLT you simply don't want to be without it ever again.

**David Gawain, Doctor of Natural Medicine** - I had a big infection under one of my fillings that was cracked then I thought, the pain was getting worse. Thankfully I got an emergency appointment with one of Dr. Hal Huggins DDS students in Porte Vallarta MEX. And upon examination found out that the infection went down to the Pulp... typically painful beyond belief and always a root canal... well "no root canals for ME..." I used the 808 on the root area for 30-40 seconds then followed up with the 660 enhancer to reduce the inflammation that would be occurring and help with the pain of the operation. I had used the equipment before on myself with no discomfort, but never anything down to the pulp. I had NO pain ... No Discomfort and the Dentist and assistant could not believe that I did show any signs of discomfort. ... The Dentist packed the filling in a special way via Dr. Hal Huggins protocols and filled with a glass filling for a temporary filling. They were impressed how little bleeding occurred during the whole procedure and so was I. I used the Q1000 and enhancers over the next two week to deal with the discomfort and now four weeks later I am looking forward to the new permanent crown to be installed. I Love my Lasers,

## **Inflammation**

**Penny Stone, Wimberley, TX** - I still own my old Pegasus. It does help, but I had a chance to use the Q1000 after my recent hip replacement surgery and it was awesome. On day after surgery my leg from the knee up was swollen to about three times its normal size. I began using the Q1000 on mode 1 and on mode 3 and in two days the pain and swelling began to subside. I continued to use it daily for two weeks on the incision and on the areas that were the most painful or bruised. Then I used the Pegasus every day on the incision and the few remaining bruised areas. It has been just a little over 4 weeks since my surgery, and I am already walking with just a cane. I am about a month ahead of most people in my recovery process. Once again, cold laser has proven itself to me to be an invaluable aid in speeding healing.

**Hoffman, June Lake, CA** - I have been using this laser for nearly a year and I KNOW it works. I use the laser in my permanent cosmetics business to reduce inflammation immediately after my procedures. It helps the client walk out confidently and comfortably without the redness and swelling that usually accompanies this treatment. They heal quickly without discomfort. I have taken it on every single vacation and have used it to aide in common "vacation" occurrences such as sunburn, insect bites, intestinal discomfort and, I have to say, hangovers! The most significant "healing" occurred when my sister's tonsils became so inflamed that it became a very real medical risk. Unfortunately, being out of the country at the time, she did not want to pursue a doctor. Her lips also swelled to the point of the skin breaking with blisters. We used the laser several times on the lips and on the sides of her throat. Within hours she reported that the pain was gone and it appeared that the swelling was reduced. The next day the swelling of her lips was down at least by half as were her tonsils. The arrhythmia of her throat had virtually disappeared. A long story, but well worth telling. I believe a laser should be in everyone's home and especially in everyone's suitcase. The Q1000 - DON'T LEAVE HOME WITHOUT IT!

## **Kidney Function**

**Ted Oba** - A friend introduced a heavyset lady in her late 50's, I think, to me, and said that her doctor told her that her kidneys were only functioning at 9%. She was told that if her kidney function did not come up to at least 15%, that she would have to go on kidney dialysis (Not sure of spelling). We treated her every other day for about six weeks with the Q1000, acupuncture points, and had her take Aloe Vera juice with cranberry juice.

On her next visit to her doctor, she was told that her Kidney efficiency was up to 36%, and also told to throw away her Diabetes pills. I didn't even know that she was a diabetic.

## **Knee Injury**

**Adrian Dahlheimer, Dayton, MN** - I injured my right knee in 1961. 47 years later, I missed a step and slipped on ice ... all the old pain returned. At a Healing Light seminar in Minneapolis, I had a QLaser demonstration on my knee, and was impressed enough with the results to purchase my own Q1000. Thanks to Dr. Lytle for designing and manufacturing the Q1000 - I don't know what I would do without it!

**David Winn, Colorado Springs Colorado** - Two years ago I was house boating on Lake Powell when a chance wave rocked the houseboat. It was an awkward position, straddling a railing and my left knee was dislocated. I clearly heard the knee pop out of joint, and immediately a lost the ability to walk or support my own weight. I was assisted into a sitting position and immediately began using the Q 1000 laser above, below, and all around my knee. Since we are out in the middle of the desert, the only therapy that was available was ice, anti-inflammatory, and the laser. Over the course of the next several days I continued to use the laser anywhere from two to five times a day. By the second day I was able to walk unaided, although I did have some pain and considerable limitation of movement. After the return to civilization, I had three appointments with a chiropractor, the few acupuncture appointments, and I continued to use the laser on a daily basis. This régime, when combined with some nutritional supplements, resulted in the complete relief of symptoms, and my ability to return to normal function and exercise. As far as I can tell my knee is completely recovered except for occasional twinges. I believe the laser eliminated the need for surgical reconstruction of my knee, and I will be forever grateful that I had the laser with me and available for immediate treatment. It's little wonder I carry the laser everywhere I go now.

**Doug Phillips, Rapid City, SD** - 45 years old and have played multiple sports all my life. In 1990 I ruptured the Anterior Cruciate Ligament (ACL) in my right knee, and was told by two different orthopedic surgeons that I would need total knee replacement. I didn't have the surgery, and continued as best I could an active lifestyle while fighting the pain with a combination of anti-inflammatory drugs and prescribed pain killers - neither of which worked very well at all. I started lasering for about 3 minutes before and after playing that first day. The results were amazing! I was able to play a full hour and a half of racquetball and go back to work without any pain or inflammation! I continued to use the laser approximately 3 times per week for the next 3 weeks, and continue to be amazed by what low level laser therapy has done for me. My right knee is pretty much back to normal, with no pain and no inflammation. Thank you Dr. Lytle for introducing me to this incredible equipment!

## Lesions



**Marjie Orser - Palm Springs, CA** - A lesion under the tip of the tongue was found on routine examination on a 17 year old male patient in April, 2004 (photo #1 at left). The patient was referred to an oral surgeon and the lesion was removed April 04, 2004 and sent for laboratory evaluation. The pathology report diagnosed the lesion as nonmalignant Mucosal. On June 29, 2004, less than three months from the time of the surgical



removal, the lesion was back again, only this time it was twice the size (see photo #2 at right). Rather than repeating the surgery, the lesion was treated with low level laser therapy. The 660 Enhancer followed by mode 1 of the Q1000 was applied for three minutes on June 29, 2004. The patient received similar laser treatments on June 30<sup>th</sup> and on July 1<sup>st</sup> and in just two days the lesion had shrunk in size by over one half. Four more laser treatments were repeated on July 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup>. The patient returned on July 19<sup>th</sup> and in just 2 ½ weeks the lesion had totally healed (photo #3 at left)! While Mucosal lesions are not life threatening, they are annoying and worrisome to the patient and normally require painful surgery to remove them. This case history presents a better, more comfortable way to treat lesions of the mouth. Because this method of treatment is so comfortable and safe, low level laser therapy should be considered as the first choice of treatment for any oral lesions or lesions on any other part of the body.

## Leukemia

**Rachel Burns** - The laser is absolutely brilliant and I use it daily, mostly on my son who has now had 21 months of chemotherapy for leukemia (ALL). He still has 17 months to go. Before the laser arrived he suffered very badly from side-effects from the drugs, including debilitating peripheral neuropathy in his hands. His oncologist told us that he was "doing it hard". He is now coping very well. The drugs are still horrible but the side effects are not as bad and he shows no signs of any neuropathy. Now that he is in the maintenance phase of his treatment, he is happy nearly all the time, he is physically active, achieving very well at school and has many friends. He has fitted in at school just like any other kid and it is not widely known that he is having treatment for leukemia. He has been hospitalized only twice since the 10 days when the leukemia was first diagnosed: 2 nights when he had campylobacter and became severely neutropenic and 2 nights a couple of weeks ago when he broke his arm badly after being pushed out of a tree at school! He is under the weather most of the time and the chemotherapy affects his appetite, moods and energy levels significantly but he is still able to enjoy a pretty good quality of life. Of course the laser has also been invaluable for treating cuts, bruises, scrapes and all manner of other things.

## Macular Degeneration

**W. Austin, D.C., Virden, IL** - I have a 70+ yr old lady that I've been treating for dry Age-related Macular Degeneration. She'd had AMD for 10 yrs, but it didn't start worsening until 1 yr ago. She takes a herbal called '4sight' per a Chinese MD that she sees. She had been on the herbal remedy for 3 months with no noticeable benefits when I started treating her with the Q1000, one cycle on each eye every visit, alternating between Mode 1 & Mode 3. I also use the 660 Enhancer on the Large Intestine # 4 acupuncture point each visit, which is the main energy point of the upper body, and do auriculotherapy (8 eye-related points on each ear) on each visit. I initially saw her at a frequency of 2 visits per week for 4 weeks. Between the herbal, the auriculotherapy and the LLLT she reports at least 30 % improvement after 8 visits. She says that it is easier for her to read smaller print on the TV screen now, and it is easier for her to read her mail too. I wanted to let you know.

## Melanoma

**Len and Mary Bateman** - We are both using our lasers and having great luck with them. I often say I think they're keeping us alive. Lately I've been having a problem with I think carpal tunnel syndrome so my laser is working overtime and the problem is becoming less and less of a problem. Len phoned you some time ago when he was told he had a basal cell carcinoma. Well, it turned out to be melanoma - on his head. We used the laser before the surgery and since. So far so good, no spread anywhere. And it's almost a year now. Thanks for everything.

**Len & Mary Bateman** - Len phoned you some time ago when he was told he had a basal cell carcinoma. Well, it turned out to be melanoma - on his head. We used the laser before the surgery and since. So far so good, no spread anywhere. And it's almost a year now.

## Migraines

**Steven Hecht, DC** - My wife had migraine headaches for thirty years. Being a chiropractor, we had tried every sort of natural approach we could find to beat the headaches. Nevertheless, she had to eat every two hours to keep her blood sugar stable, and needed to take four ibuprofen capsules every night before bed in order to keep the headache at bay. After starting the laser and receiving the bite tabs, within 2-3 weeks she became free of migraine headaches and does not need to eat every two hours or take ibuprofen anymore. We used Mode 2 for the headache, Mode 1 for the muscular tension at the occipital, and Mode 3 for the pancreas. I'm sure the bite tabs helped quite a lot as well.

**S.L., Oregon** - Following heart surgery, my husband began experiencing severe headaches which the doctor said was caused by a condition called arteritis (inflammation of the arteries in the head). The prescribed medication took about one hour to stop the terrible pain. The last time he had one of these headaches, we used the laser on his head. The pain was GONE in less than two minutes! This machine is wonderful! We are so relieved to have this machine if for nothing else but to relieve his headaches; however, it eliminated my arthritis pain and his sciatic nerve problem as well.

## Mono

**Dr. Darrel Metcalf, DC** - An 18-year old high school basketball player was diagnosed with Mono two weeks prior to his first visit to my office. His medical doctor drew blood the morning of his first visit, found a white cell count of almost 15,000 and told the mother that the boy's spleen was very swollen and discussed using Predizone to reduce the inflammation. I adjusted the patient and gave him a homeopathic remedy made specifically for Epstein Barr virus (which is what caused the Mono.) The patient was lasered with the Q1000 over the spleen area three times over five days using Mode 3. Just five days after the laser therapy treatment, the medical doctor again drew blood, and the patient's white cell count was just over 8,000! The doctors released the patient to play basketball on the sixth day. Dr. Darrel Metcalf, DC

## Nuroapathy

**Coni Mathews Rancho Mirage Calif.** - Today the real "miracle" is the healing light laser. I moved into a new home and within a year I had three falls breaking the three small toes on my right foot. I found after the bones were healed my foot would not hold me up I would fall to the right. The Dr. said it was neuropathy and nothing could be done for this condition. I felt my old anxieties flooding over my mind and into my stomach. I saw an article about the healing light laser treating neuropathy. I sucked my breath in and my eyes opened wide and hope began. I talked my husband into going to the seminar with me. The information I heard gave me new excitement to be alive again and although it sounded too good to be true it fit logically. If sick cells could be repaired they could have renewed life. The seminar was in January 2008 this is March 2008. The laser has proven it's miraculous healing power. I now have feeling in the three previously numb toes. I am happy to be wearing my sandal foot high heels again. To walk without worry of falling. Especially to banish the anxieties, of the complications of my "condition."

**Gerald and Sue Hubbard** - Thus far I have used the laser with listed results: A general feeling of calmness in knowing I can finally get relief from medical symptoms. I have enjoyed having my cataract problem greatly diminish and now I can see the tops of the snow covered mountains with perfect clarity. Prior to QLaser treatment the mountains were slightly blurry. My body pain in my head, neck, back and lower back is greatly diminished. My fibromyalgia/ peripheral neuropathy is better with a pain reduction from level 8 to about a level 3 now.

## **Pain**

**Karen Berg, Eugene OR – (Broken Rib)** - My husband broke a rib a week before we were to leave on a Hawaiian cruise. He was in great pain, and didn't know if he would be able to leave in a few days. He began using our Q10 laser daily for 30 minutes on his broken rib. We took it with us, and he continued to use the laser daily. There was no problem in taking it through the airline screening of our carry on luggage. In three weeks he was totally pain free, and couldn't even tell that he had broken his rib. We attribute the speedy healing to using our laser. We will always take our laser with us on vacation from now on in case we need it.

**Amy Beaumont, Rapid City, SD - (Burn)** - I just burned my finger on a hot glue gun ... three laser cycles and NO PAIN. Love my laser!

**Stephanie Ray, Orlando FL – (Shoulder Pain)** - In an accident my shoulder shattered, according to my surgeon like a sledge hammer hitting a sugar cube. The pain was awful. Every time I moved.... I thought I would die even though I was heavily medicated. I thought my life was over and I would never return to work or a useful life again. After one session with a Q1000 the pain changed to being tolerable and after I purchased one of these remarkable devices I was able to sleep through the night and within two weeks be able to work again. Dr. David and this Q1000 has made all the difference.... Hallelujah ... Every Medicine Chest needs one.

**P. O'R, Nevada – (Sciatic nerve Pain)** - I am a 78 year old woman who suffered from excruciating pain for 25-years. As a young girl growing up in Ireland, I was instructed the proper way for a young lady to seat herself, with ankles crossed. In 1980, while seating myself in this manner at a wedding, the chair was pulled out from under me causing injury to my right leg, foot, instep, sciatic nerve, hip and low back. At the time of the accident, I was in good physical condition as I owned my own dance studio and taught Irish step-dancing. Throughout the years, I visited a long parade of doctors and lived on pain medication, and lived with the constant fear of being bumped as walking necessitated holding onto my husband's arm. My posture was stooped and my right foot was twisted out beyond the normal range of motion. Upon my first experience with the Q-1000 laser and the gold probe, I immediately felt lighter, not the heavy feeling I learned to live with. All pain was gone in minutes. As I stood up, I found that I stood erect and noted that my foot was now in the normal range allowing me to walk with ease. I no longer live on pain medication as I continue to use the laser every 2nd day. My husband placed the Q-1000 on his painful shoulder 2x and all pain is gone. He also is using it for his hernia with very very good results.

**Janet Drue-Manson – (Elbow Pain)** - I want you to know how delighted my husband and I are with our Q1000 laser. My husband could no longer drive at night. He said that the oncoming lights blinded him. After about two months of using the laser (he held it up to his closed eyes as you suggested), he now has no problem seeing at night. For the first time in a year we can go out for the evening with him driving. Also, he cut his hand badly while cutting a bagel. He was bleeding so profusely that his friends wanted to drive him to the hospital to get stitches. He refused and came home with the hand bandaged tightly. He held the laser to it for about 30 minutes for three nights. The pain went away rapidly and when we took the bandages off, the wound was open but totally dry and healing beautifully.

I have used it for pain with remarkable results. I tripped over my dog and came down hard, hitting my elbow on our tile floor. The pain was terrible. I immediately sat with the laser held up to the pain and after about half an hour the pain had disappeared. I continued to revisit the area briefly for a while just to make certain there was no damage done.

The pain has not returned. I have used it on a varicose vein. Now it is completely flat with no swelling or puffiness and the color is fading. Anytime I have pain anywhere I immediately go for the laser. I have never known anything as remarkable as this.

**Brooke - (Shoulder Pain)** - My friend Alan's shoulder has been hurting all the time and popping, and after 6 minutes with the laser, he had no more pain the rest of the weekend. He said he always wakes up with pain. My friend Heather used it on stomach cramps and I think it helped her. I also used it on my stomach one night when it was upset. I used it a ton on my low back - it was bothering me this weekend (stiff and sore where I had my back surgery two years ago - and the laser helped a ton. on my sinus infection is gone finally. I was on heavy antibiotics, so couldn't really tell what was helping that, but it did finally start making some progress once I started using the laser on my face, and used it on my friend's sunburned ankle... lots of stuff. It's great! I can't believe how quickly it relieves my back pain actually. It's quite amazing.

**Bert Ammons, Stuart, FL - ( Shingles Pain)** - I don't know what I'd do without the Q10 on my shingles pain. I feel the pain relief after just one 3-minute session ... and after two, it's usually completely gone!

**Dr. Jay Burton, Hillsboro, OR - (Knee Pain)** - My front desk assistant is very excited about the results with the laser treatments. Her husband had been suffering with knee pain; and, was not getting good results from the medical field. She invited him to come in for laser treatments; but, he told her that he would have to do the research on his own. She told me that that was just the way that he is; and, that eventually he would come in for care. He finally came in for care a few weeks later. This was his history: Insidious onset of medial left knee pain for six months. He had the medical work of MRI, two sets of x-rays, bone scans and had been seen by an orthopedic specialist. The physical therapy treatment was of no benefit. The anti-inflammatory gave him temporary relief. By then, they wanted to do more testing. He decided against that. Long story short, after about ten adjustments to his knee which also

**Dr B.E. - (Leg Pain)** - I was first introduced to the laser when it was demonstrated on my very sore leg. The pain was gone in just a few minutes. I bought a laser and have been using it on my 83-year-old mother for severe pain from ameloidosis, which is a precursor to multiple myeloma, a type of cancer. Ameloidosis causes big patches on the skin that are very painful. The laser controls that pain for my mom and makes life easier for her.

**Jo Anan, Tennis Coach, N. London, UK - (Joints)** - Before using the Q1000 I would wake nearly every day with excruciating knee pain. Often my knee is very swollen and painful during my work as a tennis coach. Doctors think the cartilage is damaged, and I have been offered a knee replacement operation. Declining this route, I use the low level laser, and the probe on the sore points and the pain is reduced. It is less swollen now and less painful when I wake up. Its still early days, but I am just so relieved not to have to have the operation, and to be able to carry on working.

**R.W. Osteopath, Sussex** - I find the Q1000 gets rid of pain quicker. It speeds the healing process. If I do a manipulation, the pain is often the same just afterwards, but if I use the Q1000 they feel less pain. The quicker something heals, the less likely it is to recur. If someone feels an 8/10 pain, it will come down to 3/10 with the laser. For back pain I use the laser between the vertebrae on the lumbar spine to work in the disk and the facet joint. It's excellent for inflammation. I've also had success with shingles. With regular treatment with the laser at home, this woman was able to return to work after just two and a half weeks. I certainly would not be without a soft laser now. It really makes a difference. I have many other therapeutic interventions—ultrasound, a short wave machine and a scenar, for example, but it's the soft laser I turn to the most.

**Terre York, DC** - I have been so pleased with the far reaching effects of Dr. Lytle's lasers for pain relief. I am not surprised by the relief my pain clinic patients have experienced with the cold laser, but I am thrilled with the unexpected effects of its use on secondary conditions. I have seen difficult, long term acne cases clear up, aging skin regain youthful elasticity and the return of glowing, healthy faces with its use.

**Jane and Michael Dean. RN & High Court Judge, North London** - Arriving home 9 days after a total knee replacement I was trying to control the pain and swelling with a combination of dihydrocodeine, paracetamol and ibuprofen. After a further 2 days the pain from my knee was agonizing and being a Sunday difficult to contact my General Practitioner. My wife suggested we contact Gill Jacobs at Light for Health who loaned us a Q1000 and the 808 ENHANCER. In spite of my usual skepticism regarding these matters, I willingly accepted the treatment as I was experiencing such severe pain. The result was miraculous; I felt almost immediate pain relief. Over the following 48 hours we used both the Q1000 and the 808 enhancer three times a day. The swelling has subsided noticeably. A visit from the GP today confirmed a suspected hematoma which was obviously being dispersed naturally. My wife, who is a registered nurse and midwife with 35 years experience, has never seen such a small piece of apparatus work so efficiently. Out of interest we also tried the LLL light on a troublesome greater toe joint (gout) again with immediate beneficial effect.

**Marjie Orser – (Neck & Back Pain)** - Suicidal thoughts were frequent because the Doctors, Chiropractors, and medications could not heal the injury causing my intense pain and muscle spasms in my neck and back. As a last resort I turned to a Low Level Laser to stop the pain and to heal the injury. Now pain free from my laser, I wish I had made the laser my first choice and prevented the many years of debilitating and life altering pain I suffered from. WOW, is what I said after the first seminar with Dr. Lytle, he's got the answer to my years of pain. Wow, is what you, too, will be saying after spending a day with Dr. Larry Lytle in his Low Level Laser seminar. You may be scratching your head asking what's a low level laser? If you are suffering from any pain, disease, injuries, sports injuries, burns, cuts, this cutting edge technology of laser frequencies for healing, is for you. A day with Dr. Lytle will not only teach you about laser use, but he will make you an expert in the laser world. Dr. Lytle's seminar is the equivalent to about three college semesters of the most interesting information, all packed into one day, he literally keeps you sitting on the edge of your chair. For years now I have carried my magic wand, aka low level laser in my purse, it truly is my first aid kit ready for any situation of injury or pain, injuries at the gym that years ago took months to heal now take minutes or hours to heal with the laser use-----it really is magic to heal so quickly.

**DeAnne – (Rotator Cuff)** - I wanted to report the recent results with this amazing device, Q Laser. I mentioned an acquaintance was here from Pennsylvania and I did get the laser in time to work with him. He has torn rotator cuff with pain when moving his arm in front of him. After working about 10 minutes with the prop. sites and shoulder he was able to move his arm with no pain in the shoulder. Chuck extended the arm directly in front of him with no pain.

**G V Holt – (Shoulder)** - I am pleased to report my Low Level Laser Q1000-4378 is doing better than I ever dreamed! Both of my shoulders have been operated on and due to the serious injuries, have been painful. I was sure it would require several treatments to recognize any results. Believe me when I say, after two treatments, the pain was gone.

**David Getoff- Practicing Neuropathy – (Sciatic Pain)** - Elaine, approximately 50 years old, had recurring sciatic pain that ran down her leg. The pain usually lasted from 2-3 months, and re-occurred yearly. I told her that we should give the low level laser a try. I treated the origination point of the pain with the Rotary Multiplex laser for two 3-minute sessions. Elaine called me up the next day and said "David, it's phenomenal - the pain is gone – in less than 24 hours it is completely gone!"

**Mary Davies, age 55 – (Nerve Pain)** - Since undergoing a vulvectomy I have had constant nerve pain to the vulva and inner thigh. Despite repeated requests for a solution my Consultant was unable to offer any treatment apart from painkillers, which did not help at all. I used the Q1000 and found that one of the worst aspects of the nerve pain, a constant feeling which felt similar to an electric shock, has eased considerably. I would advise any one with ongoing nerve pain to try laser light therapy as it has certainly helped me.

**William Neumann, Elk Grove Village, IL - (Nerve Pain)** - I was diagnosed with a swollen nerve in my back, and was having trouble walking and was in considerable pain all the time. I had tried physical therapy, which provided minimal relief, but only for short periods of time. I was headed for the operating table when a friend told me about low level laser therapy. After only one treatment I have been pain free since May 2003.

**Dr. Terry Shroyer** - Last month, I purchased a Q1000 laser from Doug Phillips after my wife received a demonstration of this amazing product which, within 30 seconds, eliminated a severe headache she was experiencing. Three days ago, on Friday, May 21, 2004, I was kicked extremely hard by a 1300-pound horse. The hoof struck and smashed my left hand, nearly imbedded a metal bucket I was carrying into my left leg, and drove my entire body to the ground with incredible force. When I got up, my first thought was that with an injury of this severity I'd have to close my practice for a couple of weeks. I have a busy practice and the thought of losing one or even two weeks of income to an injury ... well, it's just something that I'd rather not think about. I immediately iced my hand for about 15 minutes and then applied the Q1000 to both my hand and leg (thankfully, I had listened to Doug when he had told me to take my laser with me everywhere I go!) I used the Q1000 again on both areas later that evening. The next morning I awoke and discovered that I had been laying on the injured hand a little during the night, and was surprised that the pain was 95% gone! Today, I am at work helping my patients to better health, and have only a slight swelling of the middle finger. If you'd have asked me Friday evening if I would be at work on Monday morning I would have told you "no way"! I never imagined that I'd be able to recover so quickly ... especially to an injury of the hand that I use in my practice on a daily basis. The Q1000, in just this one situation, has literally saved me thousands of dollars!

### Pregnancy

**Steven Hecht** - I have a patient who has gotten pregnant TWICE with using the Q1000. The second time (not treated by me) she had no other modalities used and her low egg count is fully documented prior to treatment.

### Prostate

**Carlos Mendoza, Colton, CA** - I use the laser system daily to treat an enlarged prostate. After just two treatments I noticed that my nocturnal visits to the bathroom decreased from five to two and now I may go all night without having to get up. Just yesterday I realized that I went eight hours without having to urinate!

### Skin Rash

**Todd W. Austin, D.C** - A patient presented to my office on Wed. 6-21-06 with an unexplained rash on her posterior neck region. It began on Friday 6-16-06, at which time she went to her prompt care medical physician. She was told by her M.D. that there was an unknown rash making the rounds and that they did not know exactly what caused it.

She received a corticosteroid injection at that time for pain relief and as an anti-inflammatory. When she initially presented to my office, the rash was horrific looking and it caused her much pain and discomfort, although she stated that it has improved somewhat over the past 5 days. I treated the patient as follows over the rash: (1) Q1000 - Mode 1 for 3 min., (2) Q1000 - Mode 3 for 3 min. (because the skin is the body's largest organ), (3) 660 Enhancer for 3 min. I saw her for a follow-up visit in 48 hours. She said that the pain and redness had decreased significantly approximately 1 hour after the initial LLLT session. She said at the follow-up visit, that the rash was 75% improved with one treatment. Carpe diem!



## Sinus Infection

**Brad Landon, Washington** - We have had great success in using our low level laser to clear up sinus infections, skin rashes, etc. My wife calls it her "magic wand" when it comes to keeping the family healthy! Thank you for producing a great product.

## Skin care



**Kaye Moore Desert Longevity** - From January 2006 through April 2006, under the direction of Laser Light Institute, I used the Q1000 laser and the 660 enhancer on specific areas and acupuncture points for approximately 20 minutes, twice a week. I began this cosmetic protocol, in addition to my skin care regiment, because it was obvious to me that my skin was losing elasticity and tone, fine lines and wrinkles were becoming more evident. After beginning the laser protocol, my skin tone improved immediately and it visibly 'tightened', elasticity was markedly enhanced. My fine lines and wrinkles began to disappear. Now, my skin appears more 'plump', pore size is refined, age spot discolorations have cleared by more than 50%, a scar near my eyebrow is gone and I have lost my 'jowls'. I am now using the Q10 laser for approximately 20 minutes, twice a day and I continue to see improvements in my skin tone, elasticity and texture. This is an exciting time for me. A patient I had not seen in 6 months walked into the holistic clinic I manage, greeting me with a huge smile and hug. She immediately asked me when and where I had had my face lift surgery performed because I looked so youthful and vibrant!

## Stroke

**John and Char** - Char has been demonstrating on a friend that had a stroke 2 years ago, resulting in "claw hand" and has been using the Q1000 directly on the stroke area. She has seen a distinct change in the claw hand this morning after 1 treatment yesterday. It was easily opened and remained open when laid on a flat surface. Before it was opened only one finger at a time and would return to the claw as soon as pressure was released. Thanks for the wonderful support and training! John and Char

**HC, Omaha, NE** - My husband Wayne had a left side stroke 6 years ago. He manages to get around, but the stroke left his left hand tightly clenched and mostly unusable. We purchased a Q10 in November of 2006, and now (April 2007) his hand is almost completely opened. It's great to see improvement after so long!

## Tendinopathy

**Muriel Robinson, Luton, UK** - Orthopedic surgeon wanted to operate to realign the foot, and take tendons from my toes to put them in my ankle. Or put an iron brace on my foot. However, my holistic doctor recommended Low Level Laser Therapy. I started off with a pain level of 10/10. I could not touch my ankle without pain. Fifty percent of the improvement was in the first week. After three weeks my pain was down to 2/10, and the sensitivity to touch went. The inflammation came right down, and I walked so much better. Two months later the pain was gone except for an occasional dull ache when lying down.



## Veterinary Testimonials

**R.B., South Dakota** - This valuable show horse received a severe barbed-wire cut. Infection and gangrene had set in and the Vet, after using all conventional treatment methods, suggested that the horse be "put down" (killed). The wound was lasered



daily resulting in rapid closure. After closure the scar was lasered once per week for 3 weeks, with the result being hair growing back in the scar tissue! The horse was able to return to the show ring, and has since produced 3 foals.

**Dr. Mark Richards** - I have used low level laser therapy in the exam room as a pretreatment on a dog with painful otitis externa and then cleaned the ear without incident. The dog's owners couldn't touch the ear at home.

**Dr. Tamara Shearer, OH** - The goal of my investment in the low level laser was to improve the comfort of pets that suffer from pain or to expedite healing of disease conditions. Just today, we treated 7 patients with low level laser therapy. Three of the most dramatic improvements include Theo, Maggie and Nike. Theo is an 8 year old cat with cruciate injury of 3 months duration. Before his knee surgery he received 3 laser treatments, his lameness resolved and the scheduled surgery was cancelled. Maggie is a 13 year old beagle that had lower back disc problems and bilateral cruciate surgery in the past. She would moan and groan when trying to lie down. After her first treatment she climbed on the kitchen counter and ate the cat food! Nike is a 5 year old schnauzer that presented with severe back pain. After his first treatment with low level laser therapy he was pain free! Dr. Tamara Shearer, OH

**P.B.** - My horse had a back injury that completely defied the vet. He had not been able to tolerate a rider for three months. The day after the first laser treatment, he was ride-able and after two treatments, he was 90% OK. Since then, he has made a full recovery and went on his first cross country ride and is better than ever! My vet is now recommending the laser.

**Dr. Mark Richards, DVM, Greenland, NH** - We have been using the LLL for two years. Recently, one of my long-time patients, Paco (12 year old yellow lab) came for a consult on osteoarthritis. Paco has been on glucosamine and Rimadyl for several years. He has severe bilateral hip dysplasia. Ms. Cole had read the paper that we had written about LLL therapy and wanted to start Paco on the treatment. He received one session and the owner raved about the fact that he actually climbed stairs to go to bed. Paco had not been upstairs for some time. He is currently on a weekly schedule and is a lot more comfortable than when he was on drug therapy alone.

**Peggy Corr, Athens, GA** - We have a 9-year-old Labrador retriever named Cocoa that ruptured a ligament in her knee. We lasered her before and after surgery and continued lasering her for several weeks after surgery with the Q1000. Not only did the incision heal quickly, even growing hair in the incision line, but she was a week ahead of the surgeon's prognosis in being able to put full weight on the operated leg!

**Ruth Sawall, Fremont, WI** - Recently I caught a house finch that was sitting at the bird feeder. It had two severely infected eyes. One eye was completely swollen shut. The other eye was almost swollen shut. I used Mode 1 of my Q1000 for one cycle over each eye. Within 4 hours, the eyes were 80% better, and continued to improve rapidly. I kept the bird and lasered the eyes one more time on the 3<sup>rd</sup> day. I did this for good measure before I let the bird go. The eyes looked completely healed – what a thrill!

**Terri Trask Karrels, MT** - I called and ordered another Q1000. Used recently on a stud horse - kicked in the hock, and was lame two days before a sale - one or two laser treatments eliminated the swelling and lameness, and the horse was the top-selling stud colt at the sale. Terry also had a "Monkey Bite" on her leg from getting kicked by a horse. Rodeo people say these usually take from 6 months to a year to subside. She lasered and over a period of 10 days, the wound was completely healed.



**A.V., Veterinarian, MN** - Baby Bear, a black bear cub, was found unable to move at the base of a large oak tree in Minnesota. An officer from the Department of Natural Resources recommended that Baby Bear be destroyed. A veterinarian was consulted and his report was grim saying that if Baby Bear had broken his back in the fall from the tree, surgery was not an option. The Q1000 and 808 Enhancer were applied directly over the broken back once per day. In 2 ½ weeks Baby Bear was no longer dragging his hind legs and also had some movement of his paralyzed legs. Baby Bear began sitting up after only 3 weeks of laser therapy, and was able to stand on all four legs with the help of the wall of his pen. After just four weeks of applying the Q1000 and 808 laser enhancer, Baby Bear was walking, eating and continuing to improve. Baby Bear “hibernated” in the trailer over the winter and was successfully released back to the wild the next spring.

**Weight Loss**

**Pat Weldy, Nappanee, IN** - Without Dieting and no exercise – Lasering two points has been effective to assist my sister in weight loss. Nothing has worked for her before. We are so excited about her 38 pound weight loss in 6 weeks. She uses the 660 probe on the tip of the nose (for thyroid) and the hollow of the back neck (appetite suppression) for about 30 – 50 seconds every day.

**Wound Healing**

**K.L. South Dakota** - My son had a bicycle accident which smashed his front teeth and lip. His teeth and bone were pushed back ½ inch and required surgical repositioning and 6 stitches in his lip. The first two days he took pain pills; however, as a backup I used the Resonator laser daily. After the second day, we stopped the pain pills and he had NO PAIN! The laser seemed to control the pain and speed the healing. After just four days, here is no pain, no swelling, no black and blue marks, the scab has already come off, and new tissue is appearing!



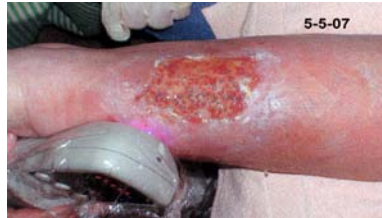
**Eugene Lachocki, Edgewater, FL** - Some time ago I fell down and broke my nose hurt my chest, neck, and hip. I was practically disabled, and could only walk very slowly with the aid of my cane. After the accident, I had constant headaches. I received three acupuncture sessions with no help. Later I went in for spinal decompression treatment ... again with no help or success. Finally, I bought a Q1000 and started doing my own treatments on my hip, spine and neck. After two weeks, I could walk without my cane and my headache was gone. Now I occasionally use my Q1000 to improve conditions and I feel great.



**Deborah Friend, WA** - Here is a new case study. This is a 50ish year old woman who hit her head on the granite countertop when her new shoes slipped out from under her. We used the Q1000 for 5 minutes once a day for three days. On day three the doctors removed all her stitches and could not believe how it had healed. She

went on vacation on the 2nd, 3rd, 4th and 5th and returned on Tuesday the 6th...our last picture

**Sue Hoadley, Dearborn, MI** - My 83-year old mother-in-law had what the doctor described as an “*explosive wound*” on the back of her left calf. The doctor stitched the wound up and told us to expect this to take a LONG time (believe it or not, as long as a full year!) to heal on a patient this age. He was also very concerned about the possibilities - even likelihood - of infection, and also cautioned my mother-in-law to expect a “divot” in her calf after the wound had healed. We lasered the wound with our Q1000 on a daily basis and the results have been nothing less than tremendous!



### **Multiple Use Testimonies**

**Jill Cowan, Ancaster, Ontario, Canada** - I purchased my laser in Feb 2003 and have been using it consistently on a variety of medical problems. I have found it very effective in treatment of headaches, nose bleeds, gall bladder episodes, carpal tunnel, frostbite, wounds, sinus pressure, ankle sprain, joint pain & heartburn. A friend who has been in pain ++ due to broken wrists, fractured hip and plantar fasciitis, has been treated 2-3 times a week and is usually pain free and is no longer taking oral pain medication. It (my laser) has never disappointed me!

**Dr. Nataliya Rakowsky, MD, St. Petersburg, FL** - I use low level laser-Q1000-since June 2002. This is the most profound therapy I have ever experienced. In every single condition for which I use this miraculous device - cardiac conditions, gastrointestinal function, gynecological problems, immune system modulation, microcirculation, muscle regeneration, osteoarthritis, tendonitis, and pain associated with any cause - healing occurs in the condition dramatically improves beginning on next day after the initial laser therapy treatment.

**Shauna Seddon, England** - It took me 9 years to get to see a consultant after being fobbed off with GPs and nurses. He confirmed what I always suspected, my ear had been damaged by the radiotherapy and this was the underlying cause of my repeated ear infections. My last infection in October 2005 led to a perforated eardrum, and, earlier this year, an acute loss of hearing in my left ear. It was very painful, as though I had water in my ear, with pressure all the time. By chance I discovered Low Level Laser Therapy in March 2006, and the Q1000.

After researching the net and finding no-one in the area to help me, I decided to use it on myself. Despite the overwhelming evidence from research that LLLT was one of the few things that could help me; I still needed to experience it for myself, before having the confidence to buy my own. So I rented the Q1000 and a red 660 50mW Enhancer probe for four weeks, with truly astounding results!

At first the only way I could feel the effect of the Q1000 was to experience tingling down the side of my face. Reading ‘Healing Light’ I realized that this was increased blood flow as muscles relaxed for the first time after radiotherapy. This made sense to me as I know that one of the side effects of radiotherapy is reduced blood supply. I became pain free after 2 – 3 days when the pressure inside the ear went after inserting the 660 red probe into the ear for three minutes a day. What’s more after about a week I could fully open my mouth to take a proper bite for the first time since the radiotherapy, after inserting the 660 red probe into the back of my mouth as far as I could go. Before I could not fully open my mouth to eat a banana or a burger! I had to slot food in side-ways. I was absolutely thrilled to eat normally again. After the month was up, I still had another month to go before the Healing Light seminar, so I extended the rental until I could buy at the seminar. There was no way I was going to do without the Q1000 until I could have my own!

Not only that, the laser stopped my daughter's migraines in the first three minutes. A reference about the ability of the Q1000 to deal with migraines by causing vasodilatation alerted me to use it this way. Her migraines usually last for three days, but just one three minute cycle on Mode 2, placed over the pain on the head, stopped it in its tracks.

Suddenly I realized that I had a tool here for the whole family! I sorted out my husband's tense muscles, and dealt with my son's painful knees from too much rugby. At first he was skeptical about the Q1000, but when he found he could run outside and play rugby after each treatment, and be pain-free, he soon changed his mind. Now when he comes home from rugby with injuries he goes straight to the Q1000.

Because of the radiotherapy I had reduced blood supply to the bone in the skull, which caused an ear infection every month, scar tissue and eventually a perforated eardrum. I got into the habit of lasering the back of the ear to increase the blood supply, with the result that since using the laser this way I have not had one ear infection. The recurrent infections have resulted in tinnitus, and that has come right down over time. It is not completely eliminated, but I use it as an indicator of how much light I give myself. If I have overused it the tinnitus gets worse. I cut back on using the Q1000 and the tinnitus returns to a more manageable level.

Six weeks ago I had an operation to repair the eardrum with fascia from my ear lobe. I used the laser extensively before the operation, and lasered every day afterwards. I decided not to tell the medical staff what I was doing, but when I went back to have the stitches out at the normal time, the nurse was surprised and said that the stitches could have come out three or four days beforehand.

On the basis of this my mother bought a Q1000 for her tinnitus, despite her anxiety about the word 'laser'! My mother is now confident enough to follow our example and use the laser for other problems. She had what looked like a permanent black dot in the vision of her eye. I had read about the Q1000 for macular degeneration and had used it on my eyes when they were particularly tired and puffy. So we used the light on my mother's eyes for three breaths, and the black dot disappeared.

I was enormously helped by being able to talk on the phone one to one with Gill Jacobs at Light for Health. I was desperate enough to take my health into my own hands and treat myself. Having that support on the end of the phone made all the difference.

I had had all those years of putting up with the after effects of something that 'saved' my life, but which had also left me with many painful and uncomfortable after effects. It felt like I was banging my head against a brick wall for ten years, trying to find help for symptoms that would not go away. Finding the Q1000 changed my life. Once you try LLLT you simply don't want to be without it ever again.

***Dr. Mark deDubovay, DC, Board Certified Naturopathic Physician*** - I have been treating with lasers for three years with very positive results. Of all the lasers that I have used and investigated, I've never found a laser as effective, versatile, and easy to use as the Q-Pack system. The Q-Pack's effectiveness has been demonstrated by the remarkable clinical results I've witnessed and my patients have enjoyed. These results range from rapid pain relief (both acute and arthritic), reduction of infections, to improvements previously unachieved in chronic conditions, such as RSD and Fibromyalgia. Much of this I attribute to the advanced engineering and versatile design of the system's components. It's clear to me now how previous lasers were limited by single or limited wavelengths, frequencies and power densities. With the outstanding range of multiple wavelengths (seven) bundled frequencies, and various power options, the Q-Pack offers and allows me to care for broader conditions more effectively and with confidence. I have experienced better and more consistent outcomes with the usage of the Q-Pack. The ease and convenience of using the Q-Pack system has been a real pleasure. The design conveniences of the Q1000 simply have allowed me to treat more of the body in less time, really helping my busy practice. The safety and ease of the units also allow me to easily direct my patients to assist in the application of the lasers. I've found the lasers to be very durable, with design conveniences such as fool-proof buttons, long life easily interchangeable batteries and compact design to name a few of my favorites. They are all very much appreciated. My patients and I thank you Dr. Lytle for your ingenious innovations and your supportive team.

***Carlos Mendoza, Colton, CA*** - We've had our Q1000 system for a few months now and just wanted to let you know that it really gets a daily workout among myself, my wife and eight-year old grandson plus using it on relatives and friends as well. The Laser Manual's instructions and protocols for so many different applications is a very valuable document; very

simplified yet very effective. I'm constantly referring to this manual.

I use the laser system daily to treat an enlarged prostate. After just two treatments I noticed that my nocturnal visits to the bathroom decreased from five to two and now I may go all night without having to get up. Just yesterday I realized that I went eight hours without having to urinate!

By treating my sciatic nerve on both sides I no longer have leg cramps at night; the pain used to wake me up quite often. I've had tinnitus for over twenty years and only after a few treatments with the 660 Enhancer the ringing is hardly noticeable. When we feel a cold coming on we clear the lymph glands, treat the sinuses, ears and throat and the next day we're good to go. When our grandson gets up in the morning with a sore throat he'll immediately treat it with the laser then go to school. If a cough is developing he'll treat the lungs and throat then go to school. He's used the laser for stomach aches, headaches and any other pains that he may have, with great success. My wife treated her eyes a few times to see if it would help her Glaucoma and after a recent exam the Ophthalmologist said that her eyes had improved since the last visit (before we had the laser). She too got rid of her leg cramps at night by treating her sciatic nerve also. She recently had Congestive Heart Failure so she treats her heart and lungs daily. The doctor is still in the process of adjusting her medications so we don't really know how much she has improved until they do another Echo Cardiogram. She's come a long ways since her episode two months ago so something is working!(She was very much against ordering the laser system and now she's the one who uses it the most!) Just recently I started having diarrhea and for two days I couldn't trust myself to go to the drugstore to buy medicine so I just used the laser on the ascending, descending and transverse colon twice a day and I never experienced any cramping. After the second day I realized that I had not treated the accupoints and once I did, I noticed that the frequency decreased and by the third day it stopped completely. I also had a slight fever along with it but never once had nausea nor the urge to vomit. We've used the laser system on relatives and friends who have arthritis, muscle aches/pains, sore throats, water burns, children teething/cutting molars, eczema and ear infections - all with great success; just follow the protocols in the Laser Manual! The laser system is part of our life now and I don't hesitate to recommend it to anyone. Thanks for all your help, Tom, and thanks to Dr. Lytle for developing such an amazing product.

***Jill Cowan, Ancaster, Ontario, Canada*** - I purchased my laser in Feb 2003 and have been using it consistently on a variety of medical problems. I have found it very effective in treatment of headaches, nose bleeds, gall bladder episodes, carpal tunnel, frostbite, wounds, sinus pressure, ankle sprain, joint pain & heartburn. A friend who has been in pain ++ due to broken wrists, fractured hip and plantar fasciitis, has been treated 2-3 times a week and is usually pain free and is no longer taking oral pain medication. It (my laser) has never disappointed me

***Dianne Galligan, Meta Mora, MI*** - I bought a laser a couple weeks ago because of the experience I had with my homeopathic Dr., Gretchen Snell. I wanted to tell you what this laser has done for Me, My Husband and Dog Amber. Amber: She had about 80% hearing loss. After 1 week of using the laser her hearing is almost totally restored. It gets better with every treatment. She also has arthritis in her hind quarters: After a week of treatment, she is running up and down the steps (which she hasn't been able to do for over a year) and she actually caught a rabbit a week ago (also has not been able to do this for over a year). My Husband Greg: was in a very serious motorcycle accident 2 years ago. His right leg has bothered him since with cellulitis, redness and itching. After one treatment the swelling, redness and itching are gone. He also had a ganglion cyst in his hand that has gone down considerable. Me: I have bone on bone arthritis in my right knee. After only one treatment the swelling and pain were gone. I still need to treat it almost everyday but it has given me my mobility back. I also had a varicose vein that is now gone. Actually I think that when I was doing my knee it also helped the vein because I didn't treat that on its own. I also had wrinkles by my mouth which is much less noticeable. I treat that every other day. I also have borderline glaucoma, which I have been treating my eyes per the instructions in the book. I will let you know how the pressure is when I see my Dr. in a couple months. Thank again! I can hardly wait to be TOTALLY healthy! Bless your heart!